



# Rich Bitch Spiritual Business Coaching

*"I am one with the Power that created me. I am totally open and receptive to the abundant flow of prosperity that the Universe offers. All my needs and desires are met before I even ask. I am Divinely guided and protected, and I make choices that are beneficial for me. I rejoice in other's successes, knowing there is plenty for us all." - Louise Hay*

## **Rich Bitch is for:**

- \*The spiritual or wellness entrepreneur
- \*The yoga instructor, therapist, coach, business woman
- \*The "wantrepreneur" - someone with a 9/5 who wants to quit and follow her passion
- \*A woman who desires an incredible relationship with money
- \*A woman who wants to be able to make, receive and have plenty of money to fulfill all of her goals and desires
- \*Someone who wants to work smarter and not harder
- \*Someone who understands that wealth, abundance and success are holistic and that our insides are mirrored on the outside
- \*Someone who is ready, willing and able to dig deep
- \*Someone who wants to blend spirituality and business

## **Techniques used in Rich Bitch:**

- \*Dialogue
- \*Reflective Listening
- \*Shadow-work
- \*Chakra-work
- \*Role-playing
- \*Meditation

**with Allison Jones**



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*"The journey to financial freedom starts the MINUTE you decide you were destined for prosperity, not scarcity - for abundance, not lack. Isn't there a part of you that has always known that? Can you see yourself living a bounteous life - a life of more than enough? It only takes one minute to decide. Decide now." - Mark Victor Hansen*

\*EFT

\*Money Mindset Exercises

\*Journaling

\*Manifestation Techniques

\*Guided Visualization

\*NLP

\*Astrology

\*Affirmations and Mantras

\*Reiki

## **Successful Outcomes from Real Life Rich Bitches:**

\*Coming out of the closet sexually

\*Hitting her goal of 6 figures before age 30 - at the age of 28

\*Receiving more money than ever before

\*New clients coming out of the woodwork

\*Putting in the notice to leave her 9-5 and starting her own company

\*Feeling completely at ease with money

\*Writing her first E-Book

\*Finding surprise refunds, checks in the mail, gifts and unexpected loans

\*Getting a new job that paid \$25K more than she ever thought possible

\*Realizing she actually wanted to start her own business

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*"Abundance comes in many forms, do not limit your abundance by trying to control how it will flow, just know that it will come." - Louise Hay*

- \*Her practice is so busy that she's investigating a second treatment room
- \*Being able to take vacations, time off and have plenty of money left over (as a hairdresser)
  - \*Paid off her debt completely
- \*Got the maximum amount possible during her divorce settlement
  - \*Figured out how and is on track to retire at age 50

## **Rich Bitch Logistics:**

- \*All sessions are 60 minutes via Zoom
- \*Homework assignments to help you uplevel and embody your inner Rich Bitch
  - \*All exercises customized to your unique situation, dreams and goals
    - \*Unlimited Email Support with 24-48 hour response time
    - \*Access to private Facebook group - Moon Money Magic
    - \*Access to pre-recorded 9 week program Moon Money Magic



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*"Abundance is the process of letting go; that which is empty can receive." – Bryant H. McGill*

## **Rich Bitch Session Examples:**

### *\*Business/Career/Life Assessment*

Where are you now? Where do you want to go? What's working? What's not working?

### *\*What's Holding You Back?*

Explore limiting beliefs. Take a look at your money mindset. Discuss your money story.

### *\*Get Clear on Your Goals*

Discuss your money ideal – ie your ideal relationship with money. Outline your dream career/business goals.

### *\*Astrology Transit/Forecast Reading*

Analyze what's currently coming up for you and how this will shape your next 6 months.

### *\*Call in Your Future Self*

Future self rehearsing and future self hypnotic meditation.



**with Allison Jones**





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*"When I think about creating abundance, it's not about creating a life of luxury for everybody on this planet; it's about creating a life of possibility. It is about taking that which was scarce and making it abundant."*

*- Peter Diamandis*

## \*Testing New Business Practices

Apply some new strategies. Make some tweaks and see how it plays out in real time.

## \*Shadow-work

Shine the light of consciousness on areas where you might be holding yourself back.

## \*Hypnosis & EFT

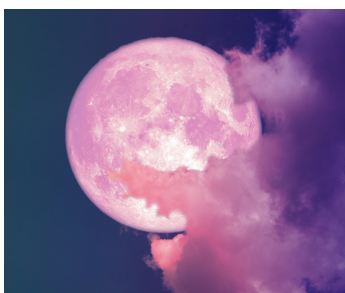
Tapping and hypnotherapy session to step into your wildly abundant, rich bitch self.

## \*Authenticity & Visibility

Allow yourself to be seen. Come out of the closet. Tell the world about your gifts.

## \*Sales and Marketing

Step into the belief that selling is simply story telling and sharing amazing things with the world.



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## \*Chakras & Energetics

Unite your inner masculine and feminine energies. Find inner and outer wealth and harmony.

## \*Create Your Entrepreneur Tool-kit

Create your own formula for self care, continuing education and personal development.

## \*Your Signature Strategy

Develop and refine the systems, strategy and structure you have in place to have a lasting, supportive and thriving business.

## \*Your Prosperous Future

Celebrate your badass self, incorporate and embody everything you've learned and lay out a blueprint for your future.



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*"When you undervalue who you are, the world will undervalue what you do and vice versa." - Suze Orman*

## Notes:

These session themes and topics are just ideas. I believe in a blend of structure and flexibility. Each session will be tailored to your unique situation, what's coming up for you and what you'd like to work on. The topics listed in the outline might be covered out of this order, if that seems best for your unique situation. An idea rhythm for session frequency is one call every other week. One call every three weeks can work but spacing them out longer than that is not ideal because it's harder for both of us to remember everything that was covered in the previous session.



**with Allison Jones**